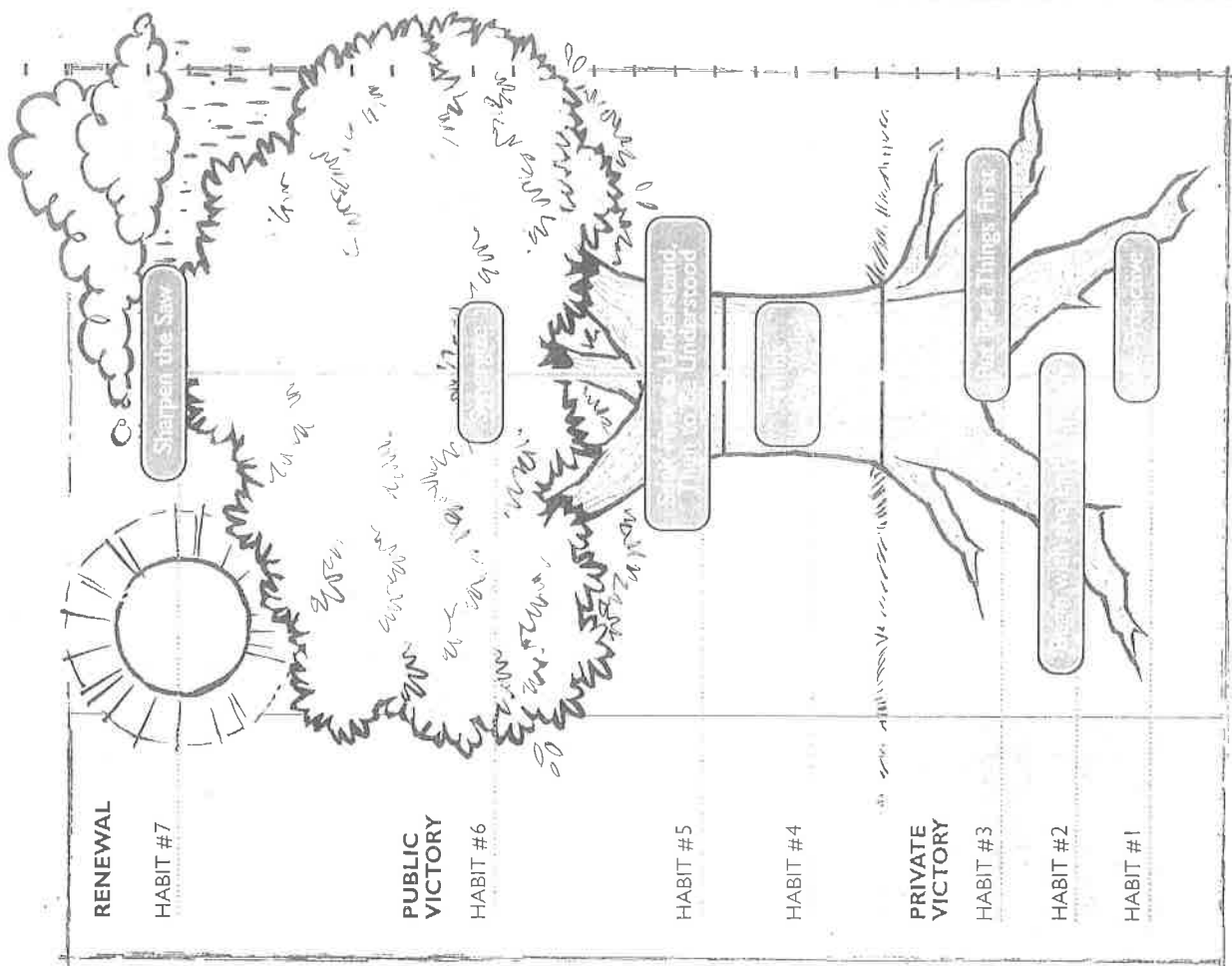


# Seven Habits of Highly Effective Teens

I'll give you a set of tools to help you deal with real life. What are they? The 7 Habits of Highly Effective Teens or, said another way, the seven characteristics that happy and successful teens the world over have in common.

By now, you're probably wondering what these habits are so I might as well end the suspense. Here they are, followed by a brief explanation:

- Habit 1: **Be Proactive**  
*Take responsibility for your life.*
- Habit 2: **Begin with the End in Mind**  
*Define your mission and goals in life.*
- Habit 3: **Put First Things First**  
*Prioritize, and do the most important things first.*
- Habit 4: **Think Win-Win**  
*Have an everyone-can-win attitude.*
- Habit 5: **Seek First to Understand, Then to Be Understood**  
*Listen to people sincerely.*
- Habit 6: **Synergize**  
*Work together to achieve more.*
- Habit 7: **Sharpen the Saw**  
*Renew yourself regularly.*



As the above diagram shows, the habits build upon each other. Habits 1, 2, and 3 deal with self-mastery. We call it the "private victory." Habits 4, 5, and 6 deal with relationships and teamwork. We call it the "public victory." You've got to get your personal act together before you can be a good team player. That's why the private victory comes before the public victory. The last habit, habit 7, is the habit of renewal. It feeds all of the other six habits.